



SPECIALIST
H I G H
A C C E S S
S E R V I C E S



STATEMENT OF MEDICAL CONDITION Pre Assessment Requirements

It should be understood that Industrial Rope Access courses, of all levels, involve a certain amount of physical and mental exertion. Certain medical conditions are a definite contra-indication to the safe and successful completion of industrial rope access courses.

Ideally candidates should be in possession of an applicable full industrial medical certificate.

As a minimum, we require you to sign the form to show you are historically free of the conditions listed below, and therefore there is no reason that would exclude you from participation in a rope access course/assessment.

Failure to produce some form of medical certificate/signed statement will result in your certification being delayed, and exclusion from the course and assessment.

Principal contra-indications to working at height include the following:

- Heart disease / chest pain
- High blood pressure
- Epilepsy, fits, blackouts
- Fear of heights / Vertigo
- Giddiness / difficulty with balance
- Impaired limb function
- Alcohol or drug dependence
- Psychiatric illness / counselling
- Diabetes

If you do not have a medical certificate addressing these points, you should sign the following statement and bring it with you to the course.

"To the best of my knowledge I do not suffer from any mental or physical condition, including those mentioned above, which would interfere with my ability to work at height in a satisfactory and safe manner; or put myself or others at risk through my participation in rope access activities."

CANDIDATE'S NAME
SIGNATURE
DATE